

Cordova Bay Parent Advisory Council

General Meeting Minutes

January 22, 2019

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**Attendees:** Carly Westwood, Sam Silva, Kirsten Saynor, Anna Bowes, Don Mellings, Sarah Wilson, Vikki Lalari, Michelle Joergensen, Heidi Low

Meeting Start: 7:00pm

**Discussions:**

**Guest Speaker: Jennifer Gibson – Island Sexual Health**

Becoming More Approachable and Knowledgeable about Growing up in 2019

A workshop with Jennifer Gibson from Island Sexual Health which will explore all the questions (and their answers) about healthy physical, emotional and social development through the elementary years. We'll talk about teachable moments and resources to make conversations about relationships and growing up feel more comfortable and natural for all (including us adults!)

Meeting ended: 8:20pm